

Drs Cupples, Huey and McCreedy

Please help us maintain our records by completing this questionnaire

PERSONAL DETAILS

**** A CONTACT TELEPHONE NUMBER MUST BE PROVIDED ****

Name _____ Date of Birth _____
Address _____ Tel. No. (Home) _____
_____ Tel. No. (Work) _____
_____ Mobile _____
Postcode _____ Height _____ Weight _____

LIFESTYLE INFORMATION

Please TICK one option

Do You Smoke? Current Smoker ___ Ex Smoker ___ Never Smoked ___

If applicable number smoked per day ___

Would you like help with stopping? YES/NO

(We would like to advise you that you can make an appointment with our Smoking Cessation Advisor).

Do you drink alcohol? YES / NO

If YES how many units per week? ___ (To find out what a unit of alcohol is, see over)

How much exercise do you take per week? (Please circle one option)

None 1-4 episodes 5+ episodes

An episode is eg 30 mins brisk walking

CARER INFORMATION

If you are providing help and support for (a) relative(s) or friend(s) who cannot manage because of illness, disability or frailty, please give details below:

Name of person cared for _____

Address _____

Telephone No _____ Date of Birth _____

Details of additional person(s) cared for should be written in the blank space overleaf.

Today's date _____

Thank you for your assistance

UNITS OF ALCOHOL

A unit of alcohol is approximately equivalent to:

- Half a pint of beer
- A small (pub) measure of spirits (eg whisky, vodka, gin)
- A (pub) measure of fortified wine (eg port or sherry)
- A small glass of wine



DRINK	UNITS OF ALCOHOL
Alcopop (400mls)	2
Beer (half pint)	1
single spirit (whisky, vodka, gin) small pub measure	1
Glass of sherry or port	1
Glass of wine (160ml)	2
Bottle of wine	10

DR CUPPLES, HUEY & Mc CREEDY

Please help us by providing information about your ethnic group.

Why we are collecting information about your ethnic group

Everyone belongs to an ethnic group, so all our patients are being asked to describe their ethnic group. We are collecting this information to help the NHS and Social Services to:

- Understand the needs of patients from different groups and so provide better and more appropriate services.
- Identify risk factors – some groups are more at risk of specific diseases and care needs, so ethnic data alerts staff to high risk groups.
- Improve public health by ensuring services reach all our local communities and that we are delivering our services fairly to everyone who needs them.
- Comply with the law as the Race Relations (Amendment) Act 2000 gives public authorities a duty to promote race equality and good race relations. Ethnic monitoring is important in making sure race discrimination is not taking place
- The 16 ethnic groups used are standard categories for collecting ethnic information. Using the codes helps us compare information about our services users with information from the census which tells us about our local population
- It is important that you are able to describe your own ethnic group. If you need to complete any of the boxes labelled 'any other group' please give some details so we can better understand your needs.

You do not have to complete the question but providing this information is very important. It will be added to your medical records and will be treated as part of your confidential NHS records. The NHS and social services have strict standards regarding data protection and your information will be carefully safeguarded.

If you have any concerns or questions regarding this request, or you want to make any comments or complaints about the collection of this information, or the way you have been treated by the staff requesting the information, please contact the practice manager.

If you do not wish to provide the information, please tick the 'information refused' box at the end of the list.

Name.....

Date of Birth.....

Address.....

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Telephone.....

Hospital you/baby born at

Ethnic Origin (please tick the box you feel is most appropriate).

White – British	
White – Irish	
Other White Background	
Mixed – White and Black Caribbean	
Mixed – White and Black African	
Mixed – White and Asian	
Other mixed background	
Asian or Asian British – Indian	
Asian or Asian British – Pakistani	
Asian or Asian British – Bangladeshi	
Other Asian Background	
Black or Black British – Caribbean	
Black or Black British – African	
Other Black background	
Chinese	
Other ethnic background	
Information refused	